COVID-19 is an illness caused by a new coronavirus. You can get very sick from COVID-19. It can make it hard for you to breathe.

There are vaccines to help your body fight COVID-19. A vaccine is a shot in the arm. This fact sheet will help you understand how to get the COVID-19 vaccine.

You might not feel well for a few days after getting the COVID-19 vaccine. You might feel tired, have sore muscles, or have a mild fever. This is good. It means that the COVID-19 vaccine is working.

You can report how you are feeling through an application called v-safe. Learn more about v-safe on this website. Call your doctor if you have questions.

Some people may have severe side-effects after getting the COVID-19 vaccine. An example is having trouble breathing. This is very rare. If this happens, tell somebody and call 911 or go to the emergency room.

Some COVID-19 vaccines require you to get a second dose. The timing of the second dose depends on which vaccine you got. The second dose makes the COVID-19 vaccine work better.

Two weeks after your final vaccine dose, you can stop wearing a mask if you:

- Do not have a weak immune system.
- Do not have symptoms of COVID-19.
- Are not in a place that requires a mask.

If you have a weak immune system, ask your doctor if you need to keep wearing a mask.